

Generations: M.E.E.T. for Respect in the Workplace

The desire to be treated with respect is something we all have in common, especially in the workplace. The **M.E.E.T.** approach (**M**ake time to discuss; **E**xplore differences; **E**ncourage respect; **T**ake personal responsibility) counteracts shame, blame and stereotyping that create toxic environments and undermine productivity. Through M.E.E.T., employees learn to recognize, respond to and resolve situations arising from generational differences.

About The Program:

With workers from four generations now active in the workforce, the potential for misunderstanding, frustration and conflict puts increasing pressure on productivity. To turn that challenge into a competitive advantage, this program applies the M.E.E.T. approach to the complexities of effectively working in and managing a multi-age workforce. Employees and managers gain insights, strategies and skills that help minimize generational conflict and strengthen collaboration.

After completing the Workshop, participants will be able to:

- Define key characteristics of the four generations in the workplace
- Identify issues and situations influenced by generational differences
- Apply practical tips for working successfully in a multigenerational workplace
- Demonstrate applying the M.E.E.T. model in working effectively across generations.

The Four-Step M.E.E.T. Model

M - Make time to discuss the situation
E - Explore differences
E - Encourage respect
T - Take responsibility

Target Audience: All Employees

Course Length: 1, 4, 8 Hour Options plus a Manager's Module