THE FIVE

BEHAVIORS

OF A COHESIVE

TEAM

# YOUR TEAMS CAN DO BETTER.

The Five Behaviors of a Cohesive Team<sup>™</sup> is an assessment-based learning experience that helps people discover what it takes to build a high-performing team. Taking into consideration personalities and preferences to develop a cohesive, productive team takes work, but the payoff can be huge—for your people, the team, and the organization.



The Five Behaviors of a Cohesive Team Model

#### What does this program do?

This program helps improve team effectiveness and productivity in organizations that apply tools based on Carl Jung's theory of psychological types, like the MBTI® instrument<sup>1</sup>, as their preferred indicator of behaviors and personality.

Teams will examine how they score on the key components of Trust, Conflict, Commitment, Accountability, and Results, as well as understand how each team member's unique personality style brings value to the team's overall success.

### A productive, high-functioning team:

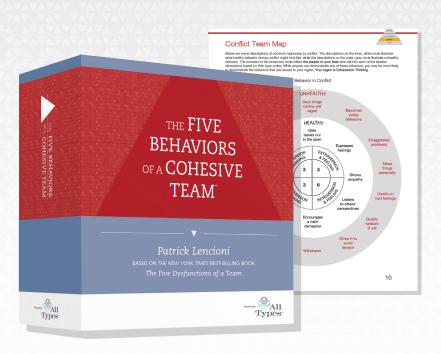
- Makes better, faster decisions
- Taps into the skills and opinions of all members
- Avoids wasting time and energy on politics, confusion, and destructive conflict
- Avoids wasting time talking about the wrong issues and revisiting the same topics over and over again because of a lack of buy-in
- Creates a competitive advantage
- Is more fun to be on!

[1] Myers-Briggs Type Indicator, Myers-Briggs, MBTI and MBTI Logo are trademarks or registered trademarks of the Myers & Briggs Foundation in the United States and other countries.



### The program includes:

- Facilitation: 7 modules with over 40 minutes of video and annotated facilitator reports
- Assessment: 3 sets of questions address the individual's personality, the team behaviors, and team culture
- Individual Profiles, Team Progress Reports, and one-on-one Comparison Reports
- Participant handouts, take-away cards, and activities
- Research: Podcasts, online resources, and a profile



## To get started, contact your Five Behaviors of a Cohesive Team Authorized Partner



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